

It is considered by some, maintaining hygiene at residence as well as at office is crucial. In my opinion, I believe that people should maintain adequate cleanliness at all places and should keep their things well organised in order to increase their productivity and efficiency.

Cleanliness is the most important aspect in leading a healthy and prosperous life. Ignoring it can have disastrous consequences and can lead to various chronic diseases such as asthma.

Although, majority of people fail in keeping their house clean and tidy, some are neglecting it. In particular, most of the bachelors ignore and avoid mopping the floor for weeks and has now become a trend to be dirty and untidy. This is also the perspective of many teenagers who stay in hostels where they keep their room as dirty as possible.

Not only cleanliness, but organising your belongings is equally important. Majority

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of the youth are working professionals and have their schedule packed with meetings, delivering presentations, etc. It is observed that working people panic and feel anxious when they don't find their required thing during office hours. This results in degrading productivity and efficiency. Hence, keeping all things at right place can make life a simple and easy. Moreover, the fear of losing items can also be overcome by this practice.

In conclusion, maintaining hygiene and organising things in a proper manner have fruitful outcomes as it helps in optimizing our energy and efforts in achieving greater success and goals.