

In this modern era, the ^{average} life span of people is increasing day by day. The increased life of people will have effect on the population of the country, an employment rate will be increased, scarcity of food will be there. The problem can be solved by taking a number of remedial measures like reducing the retirement age for working professionals, by maintaining a balance between birth rate and mortality rate.

Due to the advancement in medical technology, it has led to increasing the life expectancy of people, but it also has some disadvantages. Firstly, when the people tend to live more than expected, it increases the population of the country and moreover due to which the unemployment rate of the country gets expand as there is less number of jobs and more number of applicants. Secondly, when the citizens of a nation

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are more than there will be more demand for food and due to more population there will be less area left for farming because much of the soil will be covered by houses, offices, buildings and it will lead to food scarcity. For example, in 2017 a survey was conducted for various reasons for natural deaths and in the data it showed that 80% of the people died due to hunger.

On the other hand, this problem can be solved by taking some remedial measures. To begin with firstly, the government should make a law for controlling the population rate of the country, they should make one child birth rule compulsory for every citizen of the country. For example, China was facing the problem of high population density, but due to one birth child rule their population level is in control and the people are living very happy there. Secondly, the regulatory bodies should reduce the retirement age for working professionals, so the young population gets the job easily and by this the unemployment rate in the nation will also be controlled. For instance, in Germany the maximum age for working professionals is 40 years, and after 40 years of working the administration provides them with

pension so that they can live their life well.

To conclude, if we want to make a country a happy place to live, the employment rate should be good, the population rate should be in control and all this can be done by taking the above measures.